



Amadeus Recovery House

Contact us

Amadeus Recovery House
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We are within 10 minutes
walk of Ealing Broadway and
North Ealing tube stations



Amadeus Recovery House is West London Mental Health Trust's new community-based short stay house, offering people experiencing a mental health crisis in Ealing an alternative to a hospital stay.

The recovery house provides a safe and restful space for people who need help to get through an episode of acute mental illness and begin their recovery. The house, which is in north Ealing, has 17 private bedrooms, a beautiful 150m long garden and 'quiet rooms,' as well as communal kitchens and lounges.

This unique therapeutic environment is for people who are unable to stay at home – even with support from the crisis resolution and home treatment team (CRHT) – but would benefit from 24/7 residential, community-based care, as an alternative to hospital admission.

Residents can access a range of recovery-focused, person-centred interventions in a safe, welcoming place. The house, which is being run for the trust by the charity Rethink Mental Illness, feels more like a home than a hospital ward. Interventions offered include drop-in classes, life skills coaching, peer support and physical health assessments. People are also helped to develop their own

recovery plans and can get support from the CRHT whenever needed. Amadeus house empowers people to develop their own coping skills, build their resilience and take control of their lives, enabling them to return home as soon as possible and stay well once home.

Recovery houses are a key part of the trust's exciting plans to transform local services and urgent care: providing timely and effective support, closer to home, and supporting individuals on their recovery journey.

Amadeus house was developed in a two-year-long process of consultation with service users, voluntary sector organisations and commissioners. It has 13 beds for acute admissions and four for longer stays. It is staffed 24/7 by recovery workers and is open 365 days per year. Information and support is also provided for carers and relatives.

Similar recovery houses have been opened across the country and are proving a huge success.

We provide residents with:

- Care in a beautiful and therapeutic setting in Ealing
- Emotional and practical support on a one-to-one basis and in groups
- Help identifying triggers to crises and developing new coping strategies
- Help accessing information about other agencies and services relevant to the person's needs
- Help completing physical health checks
- Support with personal care
- Support making therapeutic choices
- Individual assessment and support planning based on the Recovery Star tool



Other information:

- To be eligible for the service you have to live in Ealing
- Referrals are made by the CRHT team
- Acute stays are expected to be up to 14 days
- Decisions about when someone goes home are made in discussion with the individual, the CRHT and house staff

“Amadeus house is lovely, it's like a home from home. I'd much rather recover there than go into hospital.”

A service user involved in the house's development