Travel to West London Mental Health Trust and Ealing Hospital NHS Trust - Sites in Southall

By Bus

Bus routes 83, 92 and 282 all enter the ground floor of the Ealing Hospital next to St Bernard's Hospital.

Bus routes 195, 207/N207, 427 and 607 all stop a short walk away from the hospitals on the Uxbridge Road. All buses are low-floor vehicles, enabling all customers to get on and off easily.

By Tube

1. To Ealing Broadway Station (Central and District Underground lines and National Rail Service from Paddington/Reading etc.) then catch a bus (83, 207, 427, 607 or 207/N207) or take a taxi (taxi rank outside station). The 607 is an Express service.

2. Boston Manor Station (Piccadilly line) then change to a 92, 93 or 282 at Boston Manor, Southall and Hayes & Harlington stations.

By Train

1. Hanwell Station (National Rail main line) is located in Church Road, approximately a mile walk from the sites with services out of Paddington, Southall and Hayes & Harlington stations.

2. Southall (mainline) station is a 2 mile walk. Bus number 195 runs from outside the station to the hospital on the Uxbridge Road.

By Car

Parking controls operate on separate systems at each Trust site (see below) with limited space across both sites. We therefore advise our patients and visitors to arrive by public transport, where possible. It is advisable to allocate extra time to park before an appointment or meeting.

Take a look at LifeShare where you can travel in a group when appropriate. Remember to stay safe while walking and travel in a group when appropriate.

Failure to display a valid pay and display ticket or a staff parking permit will result in enforcement action (civil ticketing or charging).

By Car continued...

Turn right at roundabout and travel down Greenford Road, then turn left onto the Uxbridge Road.

Access from the M25 traveling from the south
Exit 15 to M4 – drive towards London. At exit 3 take the A312 Hayes by-pass travelling north, follow signs to Southall/
Ealing A4020 Uxbridge Road. Continue on this road through Southall to the hospitals.

By Car parking at Ealing Hospital:
A 24-hour visitor pay and display car park is provided at the front of the hospital on the Uxbridge Road. The charge is £3.50 for up to four hours. A weekly pay and display permit can be purchased for £24.00. A few extra spaces are also available outside the entrance to the maternity unit.

A separate chargeable staff car parking system is in operation. Employees should speak to their manager or relevant hospital contact about this staff parking permit system.

Any vehicle not displaying a valid pay and display ticket or a staff parking permit will be subject to enforcement action (currently clamping with a release fee of £50 or parking ticket).

Free parking spaces for registered disabled drivers are situated by the main entrance.

Car parking at St Bernard’s Hospital:
18 disabled spaces, 64 pay and display places and 6 dedicated motorcycle spaces are available on the St Bernard’s site for visitors.

Three 24-hour visitor pay and display car parks are provided across the St Bernard’s site, located at the Orchard, Tony Mills Wing and John Connolly Wing. The charge is £3.00 for up to four hours.

Free parking spaces for registered disabled drivers are located at strategic points around the site including one at each of D, E and F blocks, 3 at John Connolly 2, at the RSU and 6 at the Orchard.

Separate spaces exist for staff and a chargeable staff car parking system is in operation. Employees should speak to their manager or relevant hospital contact about this staff parking permit system.

Failure to display a valid pay and display ticket or a staff parking permit will result in enforcement action (civil ticketing or clamping). The release fee for clamping is £35.00

By Bike

There are various cycle routes running through and near the hospitals. These include the Uxbridge Road which has some designated cycle lanes marked, and the Grand Union Canal which runs from Brentford to Southall and then to Hayes and beyond.

The sites lie between two proposed Barclays Cycle Superhighways that will serve the A40 (Park Royal to Hyde Park) and A4 (Hounslow to Hyde Park). These routes will be introduced by 2015, subject to consultation. Barclays Cycle Superhighways are new cycle lanes between central and outer London. They will provide cyclists with safer, faster and more direct journeys into the city. Information about cycling in London, Barclays Cycle Superhighways and a cycle journey planner can be found at: www.tfl.gov.uk/cycles

A number of secure, covered bike racks and facilities are available across the sites as follows:

- Ealing – 101 bike racks near the main hospital entrance. Dedicated male and female showers and lockers are available with access via a swipe card.

- St Bernard’s – 91 bike racks across the site including near main buildings. Showers are available in the gym outside of patient use hours.

Both Trusts reimburse employees who cycle on Trust business and operate a staff cycle to work scheme. The scheme allows employees to buy a bicycle and safety equipment through a salary sacrifice arrangement.

On Foot

The walking environment around the hospitals is generally very pleasant. Most roadside footpaths are paved to a good standard. The Grand Union Canal and Brent River walk parks provide a green corridor option.

Remember to stay safe while walking and travel in a group when appropriate.

The journey planner www.walkit.com can help identify walking routes between hospitals. It also includes an option to use routes away from busy roads.

Carbon Management

Travel and transport is a key area which accounts for 18% of the entire NHS carbon footprint, equivalent to 2.24 million tonnes of CO2.

The West London Mental Health Trust and Ealing Hospital NHS Trust are committed to better understand and reduce their environmental impacts.

The Trusts have a joint Green Travel Plan from March 2006 which will be reviewed and updated in 2011.

Bus Frequencies

For further information call 0843 222 1234* on www.visitlondon.com

*You pay no more than 5p per minute if calling from a BT landline. There may be a connection charge.